

SLACKLINE PITTSBURGH

WHO ARE WE?

"Slackline Pittsburgh is a local group of people who love slacklining. Our group is **FREE** and **OPEN** to the public.

WHAT IS IT?

A balance sport similar to tightrope walking, but on a line that is elastic rather than rigidly taut.

SUNDAYS

IN GOOD WEATHER

2-5 PM

IN FRONT OF THE

CARNEGIE LIBRARY

MAIN BRANCH



Slackline Pittsburgh

For more info, check out photos and video of our group online at

WWW.SLACKPITT.COM

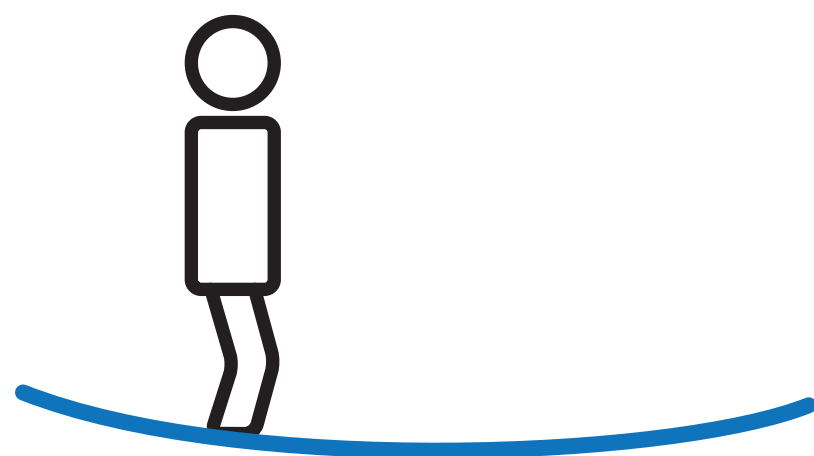
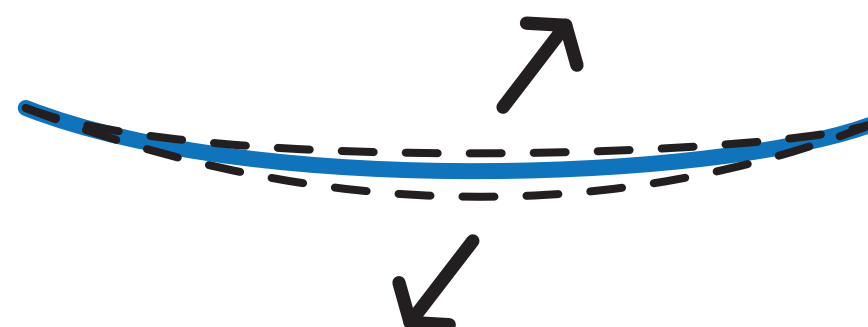
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TIPS

1

Wobbling is normal

Don't wait for it to stop because it won't.



2

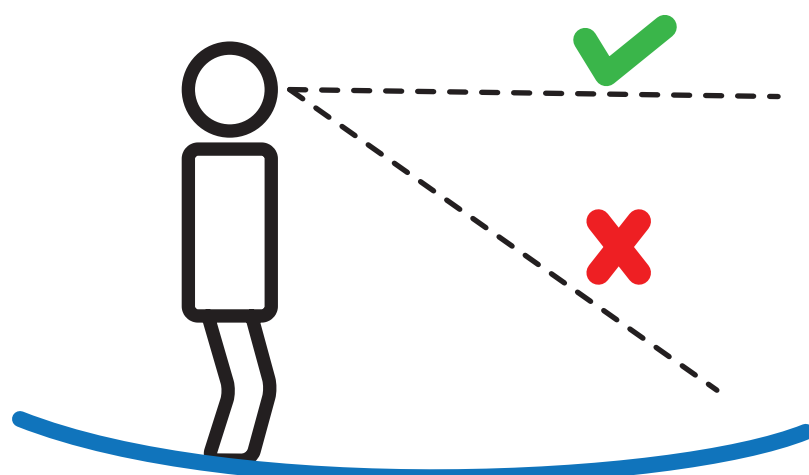
Step up all at once

Doing it slower is harder.

3

Keep your knees bent

this allows you to shift your weight more easily.



4

Look straight ahead

It will help your balance.

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